

Super Splash Park Instructional Swim Classes

Program	Day/Date	Time	Fee	# of classes
Grown Up and Tot Exploration Session 1	June 8 – July 1 M W	9:00AM – 9:45AM	\$40.00 R (\$44.00 NR)	8
Grown Up and Tot Exploration Session 2	July 6–July 29 M W	9:00AM – 9:45AM	\$40.00 R (\$44.00 NR)	8
Preschool Session 1	June 8–July 1 M W	10:00AM – 10:45AM	\$48.00 R (\$53.00 NR)	8
Preschool Session 2	June 9–July 2 T TH	10:00AM – 10:45AM	\$48.00 R (\$53.00 NR)	8
Preschool Session 3	June 15–June 25 M T W TH	11:00AM – 11:45AM	\$48.00 R (\$53.00 NR)	8
Preschool Session 4	July 6–July 29 M W	10:00AM – 10:45AM	\$48.00 R (\$53.00 NR)	8
Preschool Session 5	July 7–July 30 T TH	10:00AM – 10:45AM	\$48.00 R (\$53.00 NR)	8
Preschool Session 6	July 6–July 16 M T W TH	11:00AM – 11:45AM	\$48.00 R (\$53.00 NR)	8
Preschool Session 7	July 20– July 30 M T W TH	11:00AM – 11:45AM	\$48.00 R (\$53.00 NR)	8
Preschool Session 8	June 6–June 27 SA	9:00AM – 9:45AM	\$24.00 R (\$27.00 NR)	4
Preschool Session 9	July 11–August 8 *no class 7/25 SA	9:00AM – 9:45AM	\$24.00 R (\$27.00 NR)	4
Beginner Session 1	June 8–July 1 M W	10:00AM – 10:45AM	\$48.00 R (\$53.00 NR)	8
Beginner Session 2	June 9–July 2 T TH	10:00AM – 10:45AM	\$48.00 R (\$53.00 NR)	8
Beginner Session 3	June 15–June 25 M T W TH	11:00AM – 11:45AM	\$48.00 R (\$53.00 NR)	8
Beginner Session 4	July 6–July 29 M W	10:00AM – 10:45AM	\$48.00 R (\$53.00 NR)	8
Beginner Session 5	July 7–July 30 T TH	10:00AM – 10:45AM	\$48.00 R (\$53.00 NR)	8
Beginner Session 6	July 6–July 16 M T W TH	11:00AM – 11:45PM	\$48.00 R (\$53.00 NR)	8
Beginner Session 7	July 20–July 30 M T W TH	11:00AM – 11:45AM	\$48.00 R (\$53.00 NR)	8
Beginner Session 8	June 6–June 27 SA	9:00AM – 9:45AM	\$24.00 R (\$27.00 NR)	4
Beginner Session 9	July 11–August 8 *no class 7/25 SA	9:00AM – 9:45AM	\$24.00 R (\$27.00 NR)	4

Grown-up and Tot Swim Lessons

During the first 30 minutes, grown-ups are taught to help children learn and practice skills. Experience buoyancy, floating, arm movements, entering/exiting the water, submerging face. Play and songs help children learn in this class. A grown-up must accompany each child in the water. Children not toilet trained must wear swim diapers. The last fifteen minutes of class are for practice and free play. Ages 3 and under with participating adult.

Class descriptions are continued on the next page.

Super Splash Park Instructional Swim Classes

Program	Day/Date	Time	Fee	# of classes
Advanced Beginner Session 1	June 8 – July 1 M W	10:00AM – 10:45AM	\$48.00 R (\$53.00 NR)	8
Advanced Beginner Session 2	June 9 – July 2 T TH	10:00AM – 10:45AM	\$48.00 R (\$53.00 NR)	8
Advanced Beginner Session 3	June 15 – June 25 M T W TH	11:00AM – 11:45AM	\$48.00 R (\$53.00 NR)	8
Advanced Beginner Session 4	July 6 – July 29 M W	10:00AM – 10:45AM	\$48.00 R (\$53.00 NR)	8
Advanced Beginner Session 5	July 7 – July 30 T TH	10:00AM – 10:45AM	\$48.00 R (\$53.00 NR)	8
Advanced Beginner Session 6	July 6 – July 16 M T W TH	11:00AM – 11:45AM	\$48.00 R (\$53.00 NR)	8
Advanced Beginner Session 7	July 20–30 M T W TH	11:00AM – 11:45AM	\$48.00 R (\$53.00 NR)	8
Intermediate Session 1	June 8 – July 1 M W	10:00AM – 10:45AM	\$48.00 R (\$53.00 NR)	8
Intermediate Session 2	June 9 – July 2 T TH	10:00AM – 10:45AM	\$48.00 R (\$53.00 NR)	8
Intermediate Session 3	June 15 – June 25 M T W TH	11:00AM – 11:45AM	\$48.00 R (\$53.00 NR)	8
Intermediate Session 4	July 6 – July 29 M W	10:00AM – 10:45AM	\$48.00 R (\$53.00 NR)	8
Intermediate Session 5	July 7 – 30 T TH	10:00AM – 10:45AM	\$48.00 R (\$53.00 NR)	8
Intermediate Session 6	July 6 – July 16 M T W TH	11:00AM – 11:45AM	\$48.00 R (\$53.00 NR)	8
Intermediate Session 7	July 20 – 30 M T W TH	11:00AM – 11:45AM	\$48.00 R (\$53.00 NR)	8
Cyclones Swim Lessons Session 1	June 8–July 2 M T W TH	9:00AM – 9:45AM	\$128.00 R (\$142.00 NR)	16
Cyclones Swim Lessons Session 2	July 6 – July 23 M T W TH	9:00AM – 9:45AM	\$96.00 R (\$106.00 NR)	12

Preschool Swim Lessons

This is the first class without a grown-up! The objective of this class is to help children feel comfortable in the water and enjoy the water safely. Develop confidence in the water while learning fundamental skills such as submerging face, bobbing, jumping into the water, front & back floats, & front crawl arms.

Beginner Swim Lessons

Our Beginner class builds on water skills previously learned (bubbles, bobs, front and back floats) and teaches students elementary backstroke, front crawl, and back stroke. Students must be comfortable putting their face in the water for this level.

Advanced Beginner Swim Lessons

Our Advanced Beginner class builds on water skills previously learned and teaches students elementary backstroke, front crawl, and backstroke. Students must be comfortable putting their face in the water for this level.

Intermediate Swim Lessons

Our Intermediate class builds on water skills previously learned and teaches students all five strokes as well as diving, treading, and the ability to swim longer distances. This class is for swimmers who need to advance stroke and swimming abilities that they have already acquired.

Cyclones Swim Lessons

This class is for the future Carbondale Cyclones Swim Team participant. This is for Cyclones who are struggling to complete the 25 yard swim independently. It runs alongside the swim team so they feel comfortable joining the team later in the summer or next season. Convenient for siblings of current Cyclones Swim Team members!